



Supporting children and young people with ASD during the Covid-19 pandemic:

Social Stories™



What is a Social Story™?

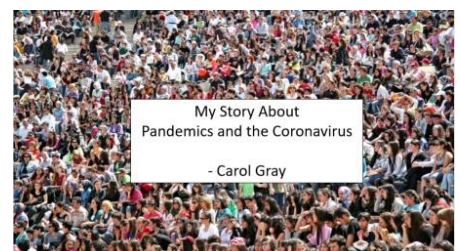
A Social Story™ is a short, personalized story written in a specific style and format. Carol Gray created Social Stories™ in the early 90's and since this time they have been widely used to explain the complexities of various social situations to children and adults with autism.

Social Stories™ and Coronavirus

Social Stories™ are a useful tool to help explain Coronavirus to children, adolescents or young people with autism. “Social Stories™ provide descriptions of a particular situation, event or activity, which include specific information about what to expect in that situation and why” (National Autistic Association, 2018). Social Stories™ include visuals to support understanding and are a tool that can be re-referred to as often as is needed.

- Carol Gray has created an online Social Story™ to help children around the world understand Coronavirus. It can be accessed here:

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>



- Dublin North City Speech and Language Therapy team have created a social story on what to expect if you need to go to a test centre for testing. This can be accessed here:

<https://ncse.ie/online-resources>

- Wicklow Triple A Alliance have also created a social story to help children understand how to stay healthy. It can be accessed here: <https://www.facebook.com/triplea.wicklow/?fref=ts>





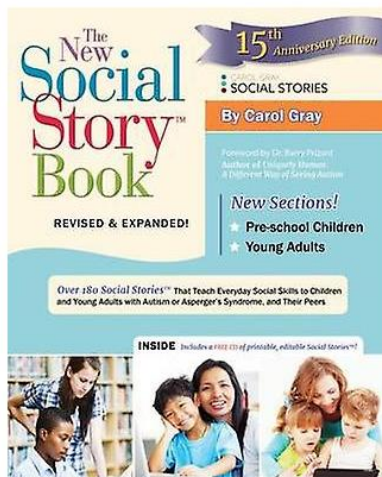
Creating an individualized Social Story™ for your child

Carol Gray outlines ten very specific criteria for creating Social Stories™. If you would like more information on the ten criteria or would like to write your own story for your child, you can find information on the following website:

<https://carolgraysocialstories.com/social-stories/>

<https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx>

<https://best-practice.middletownautism.com/approaches-of-intervention/social-stories/>



Further information is also available in Carol Gray's most recent book:

The New Social Story Book

Revised and Expanded

15th Anniversary Edition

Finally, if you would like further information on Social Stories™, Carol Gray presented at the XI Autism Europe International Congress in September 2016.

You can hear her presentation Social stories™: Reflect, Reboot, Reimagine - Carol Gray

on https://www.youtube.com/watch?v=QgxH_BB4PvM

