

Free Baby Massage Course

5 Weeks of Classes

Suitable from Birth to 1 Year

Includes tea and coffee and a chance to chat with other parents and caregivers.

Infant massage greatly enhances the early bonding relationship between parents and caregivers and their babies.

Infant massage has many benefits including helping to relieve colic, promotes relaxation, aids sleep patterns and helps to build immunity.

Venue: Fledglings Early Years Kiltipper, 29 Deerpark DR, Kiltipper, Tallaght D24P406

Date: 17.02- 24.03 2022, Thursdays 10.45am-12.15pm

Contact Name: Aga Krzyzanowska, Bernie Coleman

To book a place call or text: 0860707597, 0860353791

